ONTARIO CYCLING

ONTARIO CUP
CYCLO-CROSS SERIES

ONTARIO CUP #5 – Christie Cross

Christie Pits Park – Toronto

Sunday, October 25, 2026

Cyclocross Race
CHRISTIE CROSS

Presented by:

THE BIKING LAWYER LLP

Technical Guide
Version 1



Event Sponsors & Partners

















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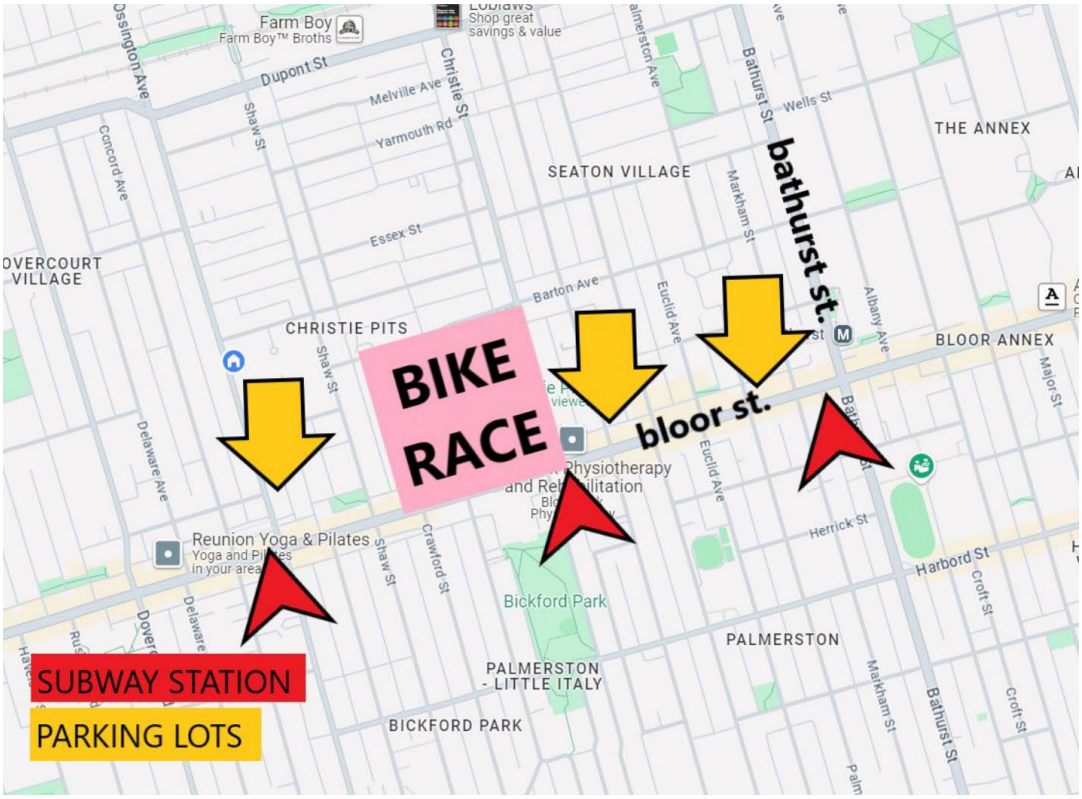
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Event Description

Date: Sunday, October 25th, 2026
Time: 7:30 am – 4:30 pm
Location: Christie Pits Park – 750 Bloor St W, Toronto, ON M6G 3K4
Public Transit: Christie Pits Park is located across from TTC Subway Line 2, Christie Station.
Parking: ***There is no parking available within park boundaries – there is NO park access for cars***. Street parking is available on the majority of local streets nearby and public parking lots are available at the locations shown below. You can also park at a TTC station and conveniently take the subway to Christie Station.

Please contact christie.pits.cyclocross@gmail.com for team deliveries and setup questions



Pit/Tech Zone: The pit will be dual sided and located approximately midway through the lap of the course to offer riders 2 opportunities for servicing/bike changes per lap.

Event Contacts

Position	Name
Event Organizer	Connor Gregory
Ontario Cycling Event Lead	Darren De Ruiter
Membership/Licensing	Chris Baskys
Timing	Racetiming.ca
Medical	Odyssey Medical

Commissaire Panel

Position	Name
President of the Commissaire Panel	Brad Day
Finish Judge	Andy Makarewich
Member	Marie-Eve Potvin
Member	Edward Sitarski

Media

- Any individual wanting to create media content with professional equipment or for the purpose of selling content is required to obtain accreditation from Ontario Cycling.
- Please contact teagan.hughes@ontariocycling.org to receive accreditation for the event.

Registration

- Racers can register for all categories without an Ontario Cycling Membership except for Cat A Men and Cat A Women.
- Registration for all CX OCups is for children 8 years of age and older.
- Compete Memberships a or UCI Race Licenses are required to participate in Cat A Men's & Women's race.
- Licenses will not be sold on event day and must be purchased in advance.
- Registration closes on **Friday, October 23rd at 11:59pm**.
- If the Thursday at 11:59pm registration deadline passes and a rider would still like to register, they have until Friday at 4:00pm to contact the OC office for registration to be re-opened and may be subject to a $50 late entry fee.
- ***There is no day-of registration for all categories on event day, including Youth/Adult Try-A-Races.***

CX OCup 5 – Christie Cross Registration		
Event	**Registration Timeline**	**Link**
OCup 5	Closes Fri, October 23rd @ 11:59pm	HERE
Cost per event	Price of Free to $60 depending on category	

**Riders looking to register for both a geared and single speed category can do so by selecting multiple categories when registering online. Adding single speed to your cart in addition to a geared category will discount the cost of single speed to only $20 for the add on. Day of registration for single speed and all categories is not allowed.*

Pre-Riding

Course pre-riding is only available on race day **Sunday, October 25th**. 20-to-30-minute time breaks between start waves have been worked into the schedule to allow all riders to have an equal opportunity to ride 1 or more laps of the course prior to their race start. Riders are only permitted to pre-ride the course when either no race is currently on the course or behind the last rider in the current race on course on their final lap. Pre-riders must not interfere with the current race unfolding, any riders who are found to have interfered with or passed the last rider of the current race on course may be subject to a fine or disqualified from competing in their race. Any person who rides the course outside of race day assumes their own risk and responsibility when riding.

Announcements will be made on race day when Pre-Ride is open between start waves!

Race Day Schedule

Sunday, October 25th:

7:30 am – 2:30 pm	Rider Sign-In Open
9:00 am	**Start Wave 1 (Master Men 55+ & Men Cat C)**
9:45 am	Course open for Pre-Ride
10:00 am	**Start Wave 2 (U17, U15, & U13)**
10:40 am	Course Open for Pre-Ride
11:00 am	**Start Wave 3 (Men Cat B, Master Men 35+ & Gender Diverse)**
11:45 am	Course Open for Pre-Ride
12:00 pm	Wave 1 + 2 + 3 Podium Ceremonies
12:10 pm	**Little Kids Race**
12:20 pm	**Big Kids Race**
12:35 pm	**BikeShareTO Cyclocross Race**
12:45 pm	**Try-A-Cross (Any bike Race)**
12:55 pm	Course Open for Pre-Ride
1:30 pm	**Start Wave 4 (Cat A Women, Cat B Women, & Master Women)**
2:20 pm	Course Open for Pre-Ride
3:00 pm	**Start Wave 7 (Cat A Men & Single Speed)**
4:15 pm	Wave 4 + 5 Podium Ceremonies

**All riders must sign-in at the Ontario Cycling tent before their race. Sign-in closes 30 minutes prior to the start of each race wave. There is no day of registration for all categories.*

Categories & Start Times

OCup categories for riders 17+ are ability-based where athletes self-seed themselves from Categories A-C and Categories A & B (Women Only), based on their ability and experience level. Women who would like to race in Categories A-C are able to do so. The ability-based format is designed to provide meaningful competition for all riders and help ensure appropriate participant numbers for quality racing. Youth categories for riders under 17 years of age as of Dec. 31st of the following year remain with age groups U17 (15-16), U15 (13-14), and U13 (8- 12).

New for 2026 Masters age group categories for Men lower from 45+ in 2025 to 35+. This complements the addition of a separate Master 55+ category for both Men/Open and Women. Cat D is removed with C moving to the first start of the day to pair with the additional Master category, the Master 35+ category moving to the 11am start with Cat B.

Races & Categories				
Start Time	**Category** ***Age as of Dec 31, 2027***	**Duration**	**Registration Fees** ***Closes Thu, Oct 22***	**Tire Width***
9:00 AM	Master Men (55+)	40 minutes	$60	N/A
9:01 AM	Cat C Men (17+)	40 minutes	$60	N/A
9:40 AM	*Break*	*20 minutes*		
10:00 AM	U17 Girls & Boys	40 minutes	$40	N/A
10:01 AM	U15 Girls & Boys	30-40 minutes	$40	N/A
10:02 AM	U13 Girls & Boys	30-40 minutes	$40	N/A
10:40 AM	*Break* *Shred Girls Pre-Ride*	*20 minutes*		
11:00 AM	Cat B Men (17+)	45 minutes	$60	N/A
11:01 AM	Master Men (35+)	45 minutes	$60	N/A
11:02 AM	Gender Diverse	45 minutes	$60	N/A
11:45 AM	*Break*	*30 minutes*		
12:15 PM	Little Kids Try-A-Race	1 Lap	FREE	N/A
12:30 PM	Big Kids Try-A-Race	2 Laps	FREE	N/A
12:45 PM	Adult Try-A-Race	1 Lap	FREE	N/A
1:00 PM	BikeShareTO Race (SOLD OUT)	1 Lap	FREE	N/A
1:15 PM	*Break*	*15 minutes*		
1:30 PM	Cat A Women (17+)	45 minutes	$60	33mm
1:31 PM	Cat B Women (17+)	40 minutes	$60	N/A
1:31 PM	Master Women (35+)	40 minutes	$60	N/A
1:31 PM	Master Women (55+)	40 minutes	$60	N/A
2:15 PM	*Break*	*45 minutes*		
3:00 PM	Cat A Men (17+)	60 minutes	$60	33mm
3:01 PM	Single Speed (17+)	45 minutes	$60 ($20 if you register for another category in addition to Single Speed)	N/A

**At Ontario Cup events tire width courtesy checks will be performed for each corresponding category –Cat A Women, & Cat A. No riders will be disqualified if their tire width does not conform to the 33mm maximum width at Ontario Cups. The categories most likely required to follow the UCI tire width restriction align with those that will be checked at National and Provincial Championships – U17, U19, U23, Elite, & Master. A tire width gauge will be made available to all riders at the sign-in desk to pre-check.*

Category Equivalency Chart

To aid in transition to the updated category system please see below equivalency chart to get an idea of what categories would be the best fit based on the category a rider most recently competed in:

Awards & Prizes

- Medals will be awarded to the top three (3) finishers in each category.
- Should categories be combined because of low participation numbers, results will be broken out for awards. Awards will be awarded based on the results of each category separated.
- Riders must attend the awards ceremonies or risk forfeiting their awards.

- Podium protocol shall be enforced, and fines may be issued to those who fail to comply. Riders must wear their competition uniform for medal presentations.
- Medal presentations will take place at 11:45am and 3:15pm
- Podiums for Cat A Men's and Women's race to include cash payout

Event Rules

General Rules & Regulations

- The races will be governed under the current UCI Cyclo-Cross rules as amended by CC and OC. OC Commissaire Companion Guide is available online at https://ontariocycling.org/commissaire-resources/.
- The UCI penalty scale with CC and OC modifications will be used for any infractions
- All riders must sign-in at registration on race day at least 30 minutes prior to their start.
- US licensed racers must hold a UCI International license. For insurance reasons, a USA cycling license is not sufficient and is not permitted in Canada. This applies to the Cat A Men's and Women's categories only.
- An OC representative will be present at the race to assist with rider licensing issues. Licenses will not be sold on race day.
- Races will start promptly at the indicated start times.
- Warming up on the course while a race is taking place is prohibited. As the lead rider crosses the finish line riders will be advised that they may enter the course at a point just beyond the finish and must not interfere with racers completing their last lap. Please be courteous to other racers above all else.
- Rider staging will begin 10 minutes prior to race start and call-ups 5 minutes prior. If you are not present for call-up you will forfeit your starting position.
- Any rider dropping out of the race shall immediately notify a commissaire. If you drop out of a race and do not report to a commissaire, you will be considered and unreported DNF and assessed a penalty.
- A double-sided pit is located on course for servicing equipment and changing bikes or wheels. The pit must be accessed by the designated entrances and riders may not travel backwards or cut the course to reach the entrance, with the exception of a mishap occurring after the pit entrance but before the pit exit (travel back to pit entrance in this case).
- There is no neutral service provided. Riders must supply their own spare wheels or bicycles.
- Lapped riders may be pulled at the order of the commissaire, either after being overtaken or just before being overtaken.
- The 80% rule will be enforced at the discretion of the President of the Commissaire Panel.
- All riders finish on the same lap as the winner. The ringing of a bell will indicate the last lap.
- Results will be posted near registration shortly after each race.
- Upon posting there will be a 15-minute protest period after which time, the results will become official and award presentations will follow promptly.
- In case of lightning, the race may be delayed or cancelled. If you are informed that the race has been stopped due to lightning, you are advised to seek shelter until the race can resume. No refunds will be issued if the race is cancelled. If there are any changes or delays in the schedule.

On-Board Technology

The following are OC regulations for onboard technology for all OC events managed by OC Commissaires. These regulations do not apply to any events which do not require Commissaires, but if they are sanctioned under the OC Insurance Policy, Section 6 (a) and (b) applies.

1. All onboard technology device which is fitted on a bicycle must: 2026 Cyclocross Event Guidelines
   a) Be installed on a system designed specifically for bicycles and not affect the certification of any item on the bicycle.
   b) Not cause a risk for the safety of any rider, and therefore, be affixed in a manner that ensures it is not susceptible of inadvertently dismounting or is non-removable.
   c. The camera footage is not immediately available to the rider

2. Helmets must have a CSA certification. Any modification, alteration, manipulation, addition or removal of any element, or addition of an accessory unapproved by the helmet manufacturer is prohibited.

3. If the technology appears to be improperly affixed based on the commissaires discretion, the rider must remove or adjust the technology before the rider will be allowed to start.

4. If there is a crash during an event, permission must be secured in writing from the individuals involved before posting any footage from the incident.

5. It is strongly recommended that anyone who is using footage for individual promotion or private use, secure written consent in advance from any individual appearing on the footage.

6. Note: OC Insurance does not cover loss or damage which may occur to onboard technology during the event. All individuals using onboard technology are responsible and liable for any damage and injuries which may occur if the technology interferes with the integrity and safety of the event.

Equipment Regulations

- Cyclocross bicycles conforming with UCI regulations are required in **Cat A categories ONLY**. In particular:
  - A bicycle shall not measure more than 185cm in length and 50cm in overall width.
  - Mountain bikes or bikes with flat-bar handlebars are not permitted.
  - All other categories allow the use of any bicycle; including mountain bikes.
- Riders are required to wear jerseys corresponding with the club or team printed on their license. Independent riders and unlicensed riders are required to wear a plain jersey with no significant logos, team names, or advertising displayed on them.
- Sleeveless jerseys are not permitted.
- At all times when warming up or participating in the event, riders who are mounted on a bicycle shall wear a helmet at all times.
- Two-way radios are reserved for race organization only.
- The use of radio links or other remote means of communication with the riders is forbidden.
- Riders may not use any form of radio communication while competing.
- Helmet mounted cameras are not permitted.
- The use of personal music players are not permitted while racing or warming up on the course.
- The use of glass containers is strictly prohibited during the race.

Staging & Start Protocol

- Riders will start in a Mass Start Format according to the above schedule.
- Start Corrals to open 10 minutes prior to start. Riders are reminded to follow instructions for maintaining proper distancing.
- Race Officials will start each wave of the race.

New for 2026 Ontario Cup Points

Ontario Cup points are awarded to the top 20 finishers in each category (formerly top 15). Only riders who have an OC membership are eligible for OCup points. Riders who DNF (do not finish) are not entitled to OCup points. Riders who move categories during the season will not carry any accumulated points into their new category. OCup points earned will remain in the category they were awarded within. Ontario Cup series champions will be decided by season ending OCup series point totals by a simple tally of all the points earned at OCup events for the current year.

To make the series title race tighter in 2026 and beyond, points awarded for each position have shrunk to a 1-point differential between each position (formerly a 2 or more-point differential between positions 1st-5th). Series points will be awarded as follows for all Ontario Cups:

Position	Points	Position	Points	Position	Points	Position	Points
1st	20	6th	15	11th	10	16th	5
2nd	19	7th	14	12th	9	17th	4
3rd	18	8th	13	13th	8	18th	3
4th	17	9th	12	14th	7	19th	2
5th	16	10th	11	15th	6	20th	1

**With 30 days or more notice to riders, double points can be offered.*

***Any riders competing with a non-member permit or residing out-of-province are not eligible to earn OCup points.*

With increased demand for OCup event hosting and greater variety of event type included within each series, Ontario Cycling is implementing a structure for lowest point score's to be dropped from the series ending points total dependent on how many events are held in a series. Where a riders lowest or zero (0) point scores from OCup events within a series are dropped from inclusion in the series total score according to the number of events held within the series for the year:

- 1-4 Events: All events are counted towards OCup points
- 5-6 Events: One (1) event is dropped from OCup points (event with least amount of points scored)
- 7+ Events: Two (2) events are dropped from OCup points (events with least amount of points scored)

OCup Points at Provincial Championships:

Riders will earn a 10-point bonus to their total 2026 OCup Points tally for registering in the respective disciplines 2026 Provincial Championships. Riders who do not register for provincials are not eligible. If a rider upgrades to a higher ability OCup category during the season (all OCup events in the season, does not include Provincials) and earns points in more than one category (i.e. Cat B for OCups 1-3 and Cat A for OCups 4-5), the 10-point bonus will only be applied to the highest ability category the rider scored points in during the OCup season (i.e., Cat A and not Cat B).

- Road & Cyclocross Series: Categories at Road & Cyclocross Provincials are different from OCups in that they are age-based and not ability-based, riders can choose to race in their respective age championship category or a nonchampionship category subject to having the applicable membership/license for the category (see licensing rules). If a rider decides to race in their age championship category at Provincials it is not constituted as an upgrade (i.e., a Cat B rider at all OCups [raced at 11:00am at all OCups] is of Elite age 23+ and decides to race in the Elite category at Provincials [1:30pm start time – same start time as Cat A at OCups] it is not seen that the rider

‘upgraded’ to Cat A, the rider simply decided to race in their age group and will receive the 10-point bonus for registering for Provincials to their Cat B points). For example, the final top three of an OCup category could look like

For example, the final top three of an OCup category could look like:

Name	OCup #1	OCup #2	OCup #3	OCup #4	OCup #5	OCup Total	Provincials	Final Points
Rider1	19 (2nd)	20 (1st)	18 (3rd)	20 (1st)	~~16 (5th)~~	77	10 (Yes)	87
Rider2	18 (3rd)	~~15 (6th)~~	20 (1st)	16 (5th)	17 (4th)	71	10 (Yes)	81
Rider3	20 (1st)	19 (2nd)	19 (2nd)	~~18 (3rd)~~	19 (2nd)	77	0 (No)	77

Tie Breaking Policy – Ontario Cup Series Points:
When two or more riders are tied at the end of the Ontario Cup series, the following criteria and procedure shall be utilized by the OC office to determine which rider is awarded the higher place in the standings. Descending through the following steps until one athlete emerges above the other:

1) Most race wins in the series.
2) Overall Points Average (number of points divided by events attended).
3) Highest placing in commonly attended events (who placed higher in the standings when both riders attended the same events).
4) Highest placing in the last event of the series.

Category Upgrades/Downgrades

Riders competing in Ontario Cup events are eligible to self-seed into the category they feel best matches their racing ability. If a rider decides that a race category is too difficult (or subsequently not difficult enough), they will be able to downgrade or upgrade at their discretion.

If a rider would like to upgrade age categories, for example U17 to Cat A (17+) they are required to submit a formal upgrade request via the OC upgrade form here. Age category upgrades require the submission of race results, experience, and other supporting information – to be eligible to submit an upgrade request riders must first meet the required criteria as listed in the form. All upgrade requests are subject to approval from the Ontario Cycling Upgrade Committee.
At Provincial Championships riders must race in their age group.
**Any age category upgrade approved by Ontario Cycling is for Ontario Cycling sanctioned events only. Those looking to upgrade for a National level event (including National Championships) must make this request to Cycling Canada.*

Ontario Cup Call-Up Protocol

Call-ups for OCup categories are designed to encourage participation in the OCup series. The following is the protocol when using OCup points to determine the call-up order:

1) Riders tied with the same number of OCup points will be randomized.
2) After the first 2 rows are filled, any remaining riders will fill the additional places on the starting grid on a first-come, first-served basis.
3) If the first 2 rows are not filled, other riders can take open positions.

4) When two or more categories are combined in the same start wave (that is, start at the same time offset), those riders will be considered “in the same race”. Call-ups will cycle between each category to fill the first 2 rows (1st, 1st, 1st, 2nd, 2nd, 2nd, 3rd, 3rd, 3rd, etc.).

Organizers may acknowledge National or World Champions in their race. These acknowledgments will be done before the call-ups. Participants will then be called up by the procedure above only. Riders may choose any position on the grid after their call-up, including not taking a position until the remainder of the field is called up.

Technical Assistance Regulations

1) Riders should be prepared to work on their bicycle outside of the pit area on course. They can receive assistance in the pit area only, or neutral support if provided by the organizer.
2) Tools and spare components can be handed to people in the pit area only.
3) Anyone in the pit area may help riders to get their bicycle operational.
4) Spare bicycles and wheels are allowed in the pit area only. Spares cannot be stationed for use along the course other than in the pit. All participants with a spare bike should ask for a secondary timing chip for their additional bike when signing in at registration.
5) Riders are required to supply their own parts and equipment in the pit area. Riders may not take other participants equipment without their permission.
6) Riders may carry tools and spare parts, provided that these do not involve any danger to the rider themselves or other competitors.

Bad Weather and Course Changes

- Changes to the course may be required in case of severe weather or changing atmospheric conditions. Changes will be announced at the start of all races. In all conditions riders should ensure they are riding within their limits and dismount if the terrain exceeds their technical comfort level.
- In the case of severe weather requiring a change of schedule or cancellation, an email will be sent out to all participants, and information will be posted on Ontario Cycling’s social media accounts.
- View OC’s Weather Policy & Guideline Here

Spectator Safety

Spectating is allowed along the courses behind safety tape. Spectators should stand a minimum of 3 feet behind tape and use caution when taking photos/videos due to depth perception. Tape although providing a visual boundary for course limits does not provide significant physical protection from riders breaking through and contacting features, objects, or people outside of course limits.

Medical/Hospitals

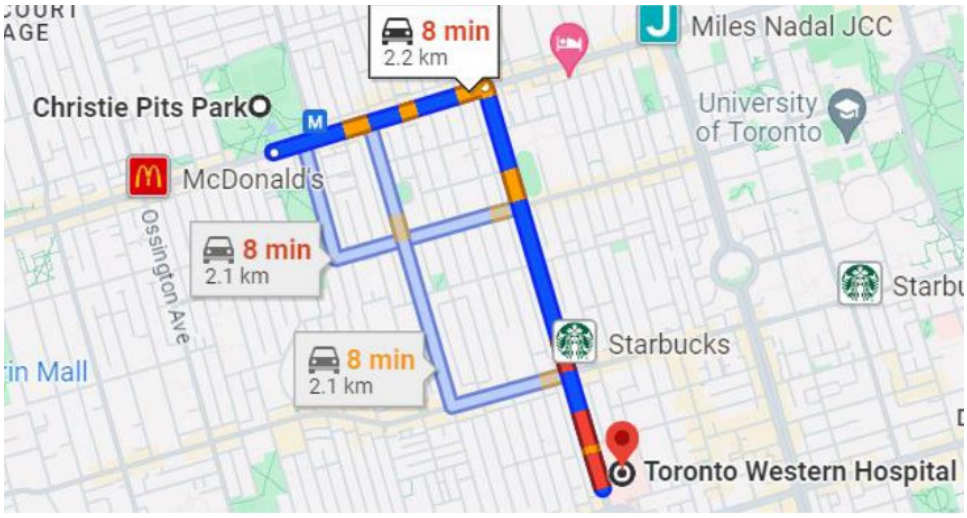
Toronto Western Hospital: [399 Bathurst St, Toronto, ON M5T 2S8]

Departing from Christie Pits Park

1) Head east on Bloor St. W towards Grace St.

2) Turn right onto Bathurst St.

3) Arrive at Toronto Western Hospital on your left.



Toronto General Hospital: [200 Elizabeth St, Toronto, ON M5G 2C4]

Departing from Christie Pits Park

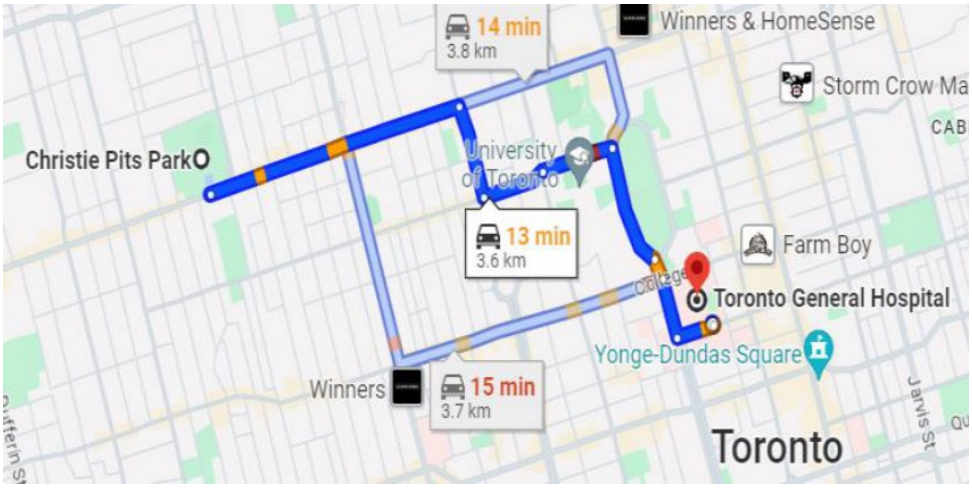
1) Follow Bloor St W

2) Turn right on to Spadina Ave

3) Turn left on to Harbord St.

4) Turn right on to Queens Park Cres. W

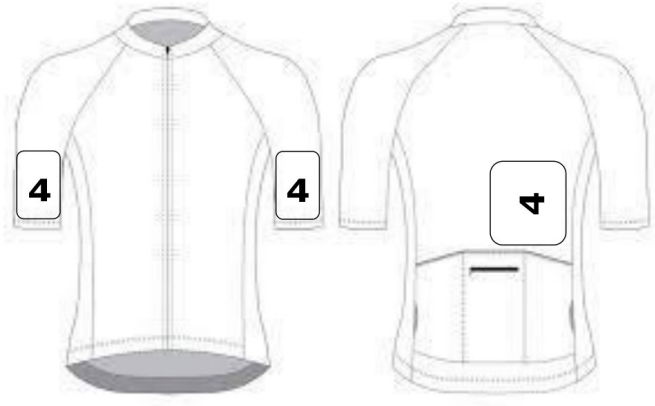
5) Turn left on to Gerrard St W – Arrive at Toronto General Hospital





Bib Numbers

- Riders at OCup and Provincial Championship events will receive new bib numbers for each event they compete in.
- Please ask for a second timing chip for your pit bike. All timing chips are to be returned at the end of race completion.
- Bibs are to be placed on both arms and the **RIGHT** back side of the jersey. Please refer to below diagram.



Results & Timing

Christie Cross is being timed by racetiming.ca. Live race results will be available on event day at the link here: https://racetiming.ca/. Final results will be posted on the Ontario Cycling website after the conclusion of the event.

Event Medical

First Aid will be provided by Odyssey Medical. They will be stationed near the start/finish area and at strategic location(s) on course at the discretion of the First Aid provider. Course maintenance volunteers will be on course at all times to make sure the competition area maintains consistent for all races.

Spectator Safety

Spectating is allowed along the courses behind safety tape. Spectators should stand a minimum of 3 feet behind tape and use caution when taking photos/videos due to depth perception. Tape although providing a visual boundary for course limits does not provide significant physical protection from riders breaking through and contacting features, objects, or people outside of course limits.